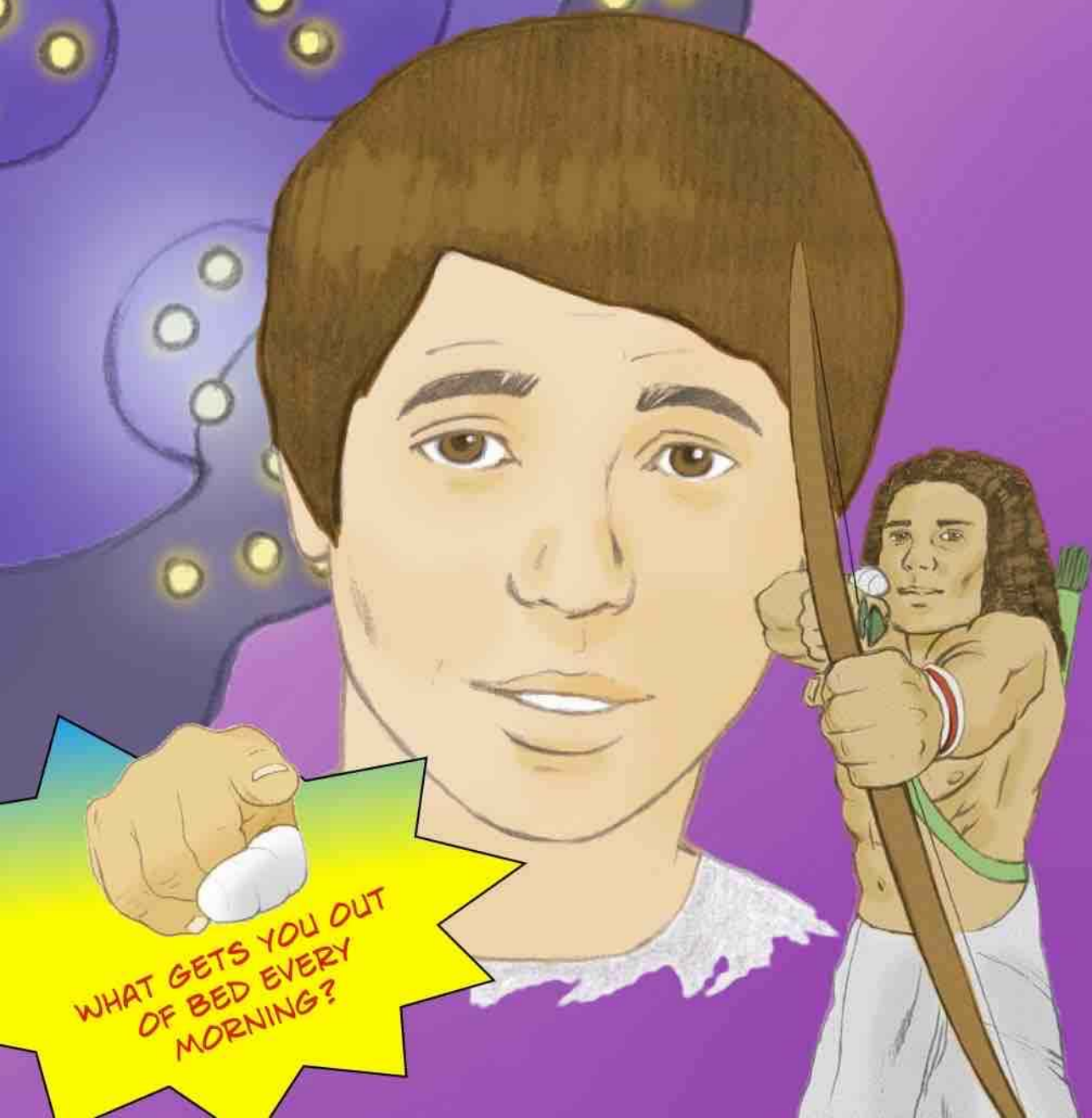


YEARNING FOR LEARNING

THE ADVENTURES OF K



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AUTHOR'S PREFACE

THAT FIRST SPARK FOR LEARNING - TRUE LEARNING - THE KIND THAT ALMOST CAUGHT YOU UNAWARES, INSTIGATED IN YOU THE DESIRE TO REALLY UNDERSTAND SOMETHING, TO LEARN SOMETHING NEW, FOR YOUR OWN SELF ONLY AND FOR NO OTHER REASON (BETTER GRADES, LEAVING AN IMPRESSION ON SOMEBODY, ADMISSION TO A RENOWNED INSTITUTE), AND LEFT YOU AN ALTERED PERSON, IS A STORY WITH AS MANY VERSIONS AS THERE ARE PEOPLE.

IF YOU THINK BACK, THERE WOULD HAVE BEEN SEVERAL PEOPLE WHO INSPIRED YOU ALONG THE WAY - A FATHER WHO PLANNED NATURE WALKS, A MOTHER WHO READ BOOKS, A SCHOOL TEACHER WHO LEFT IT TO YOU TO MAKE YOUR OWN CLASSROOM AGENDA ONCE A MONTH, A KNOW-IT-ALL UNCLE WHO REGALED YOU WITH FASCINATING TRAVEL STORIES - BUT THEY WERE, IN THE END, EXACTLY JUST THAT - THOSE WHO INSPIRED YOU TO EMBARK ON A LIFETIME OF LEARNING, AND HELPED YOU WITH IT - FACILITATORS.

THE MOST POWERFUL MOMENTS OF LEARNING - TRUE LEARNING - WOULD BE THE ONES WHERE YOU RECOGNIZED THE URGE, THE FIRE INSIDE YOU AND WENT ABOUT CHARTING YOUR OWN PATH. THE TEACHERS IN YOUR JOURNEY (AND TODAY, THIS INCLUDES TECHNOLOGY AS AN ENABLING FACTOR) ACTING AS GUIDING LIGHTS - ILLUMINATING YOUR WAY. THAT DRIVE THOUGH, IS ALL YOU. AS IS THE JOY YOU GAIN FROM IT.

OUR ATTEMPT WITH THIS BOOK IS TO TALK ABOUT THE JOURNEY OF LEARNING WE ALL UNDERTAKE AND HOW WE CAN NURTURE AND CHERISH IT (BECAUSE EVEN AS IT STARTS YOUNG, IT FIZZLES OUT ONLY TOO SOON), MAKE IT GROW SUCH THAT WE ALL LEARN FOR THE SAKE OF LEARNING, FOR JOY, FOR OUR OWN SELVES.

- POOJA PANDE

FOREWORD

FORMAL EDUCATION TENDS TO BEHAVE LIKE A GPS GIVING LEARNERS STEP-BY-STEP INSTRUCTIONS FOR A WELL-DEFINED WORLD. THIS GPS APPROACH WORKED WELL IN THE 19TH AND 20TH CENTURIES WHEN STOCKPILING KNOWLEDGE IN A DOMAIN, IN THE FORM OF A UNIVERSITY DEGREE, USUALLY ASSURED LIFELONG EMPLOYMENT BECAUSE RATE OF KNOWLEDGE ACCUMULATION IN MOST DOMAINS WAS NOT VERY HIGH.

IN THE 21ST CENTURY, KNOWLEDGE IS EXPLODING AND THE MAP IS CHANGING EVERY MINUTE. WHEN THE TERRAIN IS CHANGING SO FAST, NO GPS CAN HELP. LEARNERS NEED A COMPASS. AN INNER COMPASS THAT ENCOURAGES LEARNERS TO THINK FOR THEMSELVES. ONE THAT MAKES THEM INTROSPECT IF THEY SHOULD LEARN ONLY TO EARN? OR ASK - WHY EARN, Y-EARN SO THAT THEY FIRST YEARN TO LEARN, EVEN AS THEY EARN AND CONTINUE LEARNING UNTIL THEY ARE IN THE URN!

CHANCES ARE THAT LEARNERS TODAY WILL CHANGE MANY CAREERS IN THEIR LIFETIME AND FORMAL EDUCATION AT BEST PREPARES THEM FOR THEIR FIRST CAREER. TO THRIVE AND SHINE, THEY WILL NEED TO CONSTANTLY LEARN AND REINVENT THEMSELVES.

FOR THIS, THEY WILL HAVE TO LEARN THE ART AND SCIENCE OF SELF-DIRECTED LEARNING AND BECOME DEEPLY SELF-AWARE ABOUT DISPOSITIONS LIKE INTRINSIC MOTIVATION, EMOTIONAL RESILIENCE, DELAYED GRATIFICATION, GROWTH MINDSET, GRIT AND ABILITY TO FACE FAILURE AND RIDICULE.

IN THIS COMIC BOOK, OUR 15-YEAR OLD HERO TAKES A DEEP DIVE INTO UNDERSTANDING SELF-DIRECTED LEARNING SKILLS AND FINDS OUT HOW HE CAN INSPIRE HIMSELF TO YEARN TO LEARN AND MAKING THE MOST OF ONLINE RESOURCES, CRAFT LEARNING EXPERIENCES THAT ARE FUN FOR HIM. HE DISCOVERS HIS PASSION AND EMPOWERS HIMSELF TO PURSUE IT WITH COMPASSION.

THIS IS OUR HOPE AND DESIRE FOR ALL THOSE WHO TURN THE PAGE...

- ATUL PANT
FOUNDER, TIMELESS LIFESKILLS



MEET K

A 15-YEAR-OLD BOY,
WHO GOES TO SCHOOL
FOR THE BETTER PART
OF THE DAY, SEMI-
RELUCTANTLY.



HIS ROOM IS HIS MAIN PAD, A
STATE OF BEING, AS FAR AS
HE'S CONCERNED - A PLACE
UNVISITED BY FAMILY (HIS NEXT
DOOR NEIGHBOURS) FOR DAYS
ON END. IT'S HOW HE LIKES IT.



2 A.M.

School Assignment

BEES

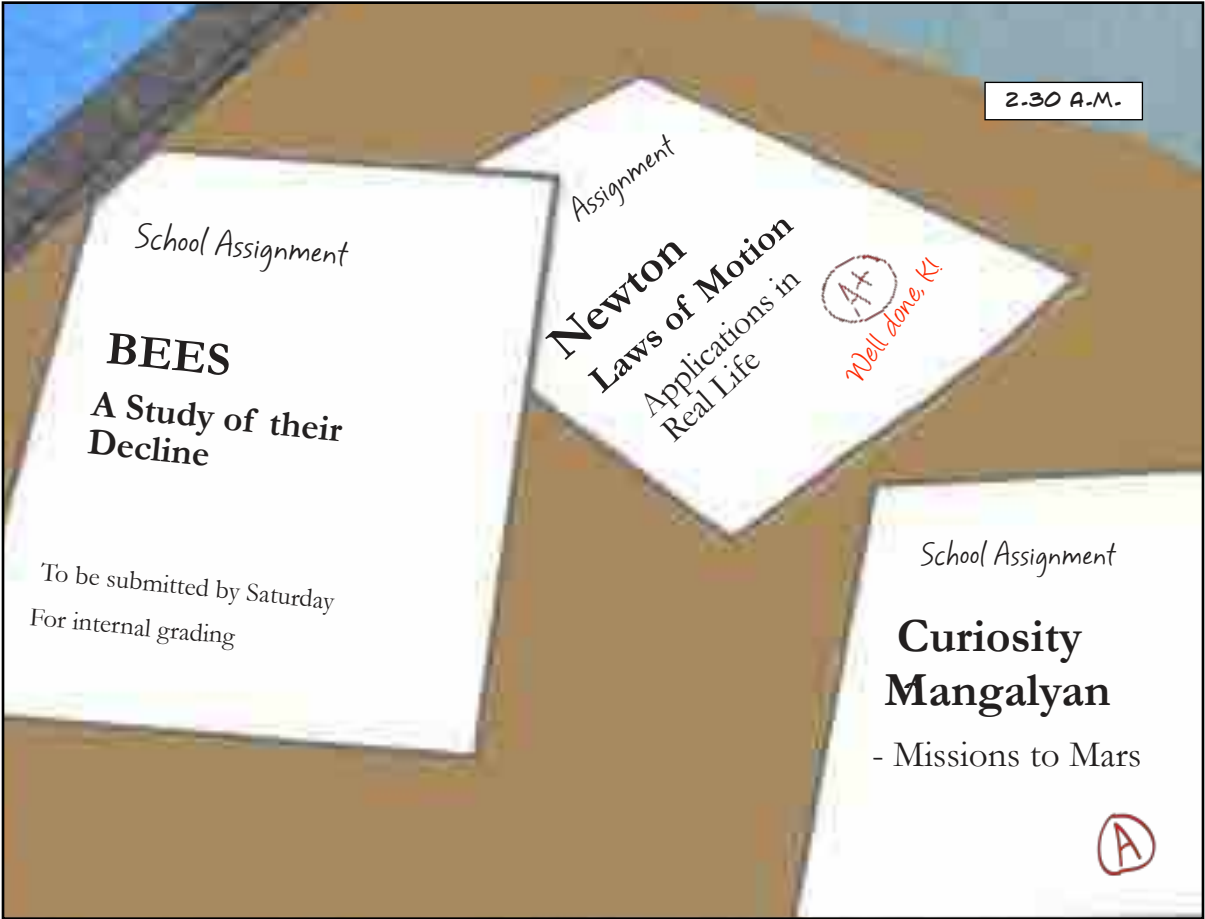
A Study of their Decline

To be submitted by Saturday
For internal grading

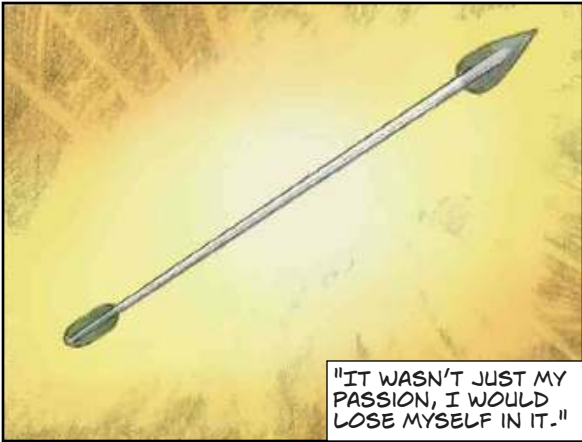


CRACKING A
SCHOOL TUTORIAL?
WHAT'S THE BIG
DEAL?

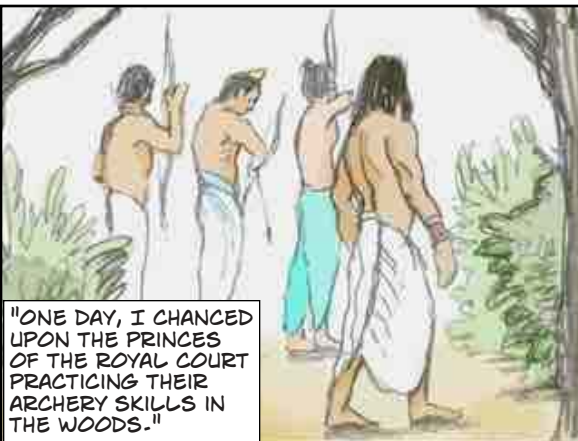
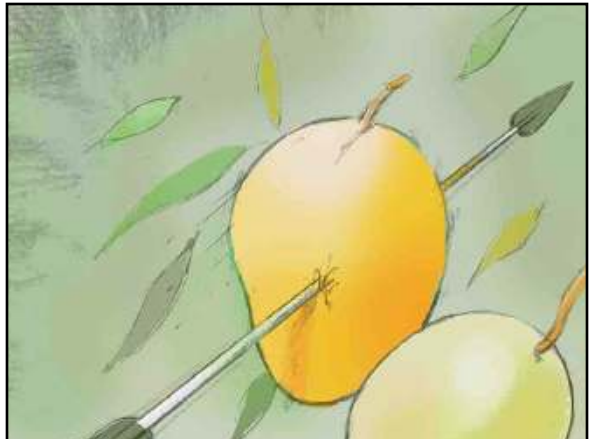
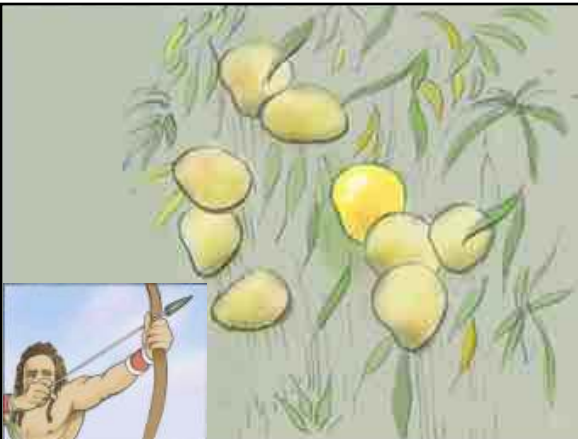
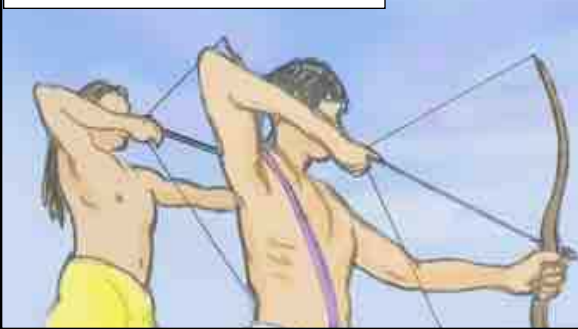
IT'S SO
EASY. JUST GIVE
THEM WHAT THEY
WANT TO READ!







"ALL OF US CHILDREN WOULD GATHER AROUND AND SPEND HOURS PRACTICING SHOOTING THE ARROWS, ONCE THE CHORES OF THE DAY WERE DONE."



"ONE DAY, I CHANCED UPON THE PRINCES OF THE ROYAL COURT PRACTICING THEIR ARCHERY SKILLS IN THE WOODS."



"WITH THEM WAS MY HERO - GURU DRONACHARYA. THE GOD OF ARCHERY. TRAINED BY LORD VISHNU HIMSELF."



"GURU DRONA HOVERED AROUND HIS FAVOURITE STUDENT, PRAISING HIM AND THEN GENTLY REPRIMANDING HIM."



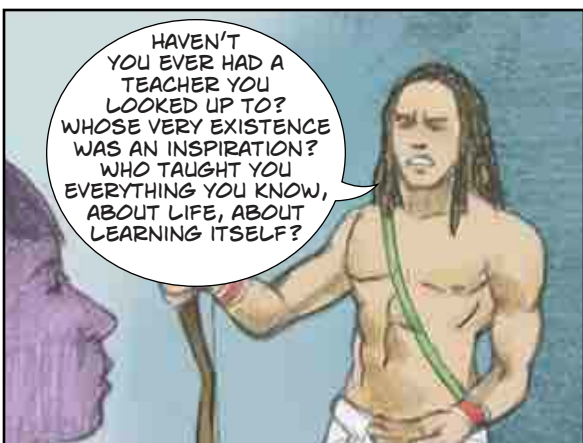
"ARJUN, THEY CALLED HIM. THE MOST PROMISING ARCHER - ABOUT WHOM LEGENDS WOULD BE WRITTEN, THEY SAID. I DIDN'T THINK MUCH OF HIM, REALLY."

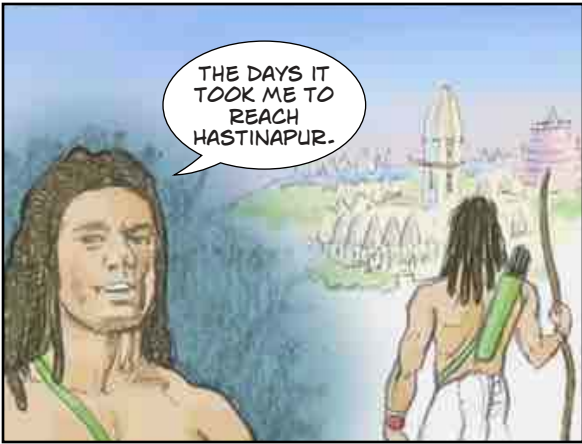


"WITH GURU DRONA HIMSELF TEACHING YOU, HOW COULD YOU NOT BE BETTER THAN THE BEST? HE LOOKED TOO SMUG ANYWAY - THE KIND OF BOY SPOILT BY LUXURY, WHO HAD NEVER HAD TO PLUCK HIS OWN BERRIES, OR KILL HIS OWN MEAT."



"I KNEW WHAT I HAD TO DO THAT DAY. I HAD TO GO TO HASTINAPUR. I HAD TO MEET GURU DRONA, I HAD TO MAKE HIM MY GURU."





THE DAYS IT TOOK ME TO REACH HASTINAPUR.



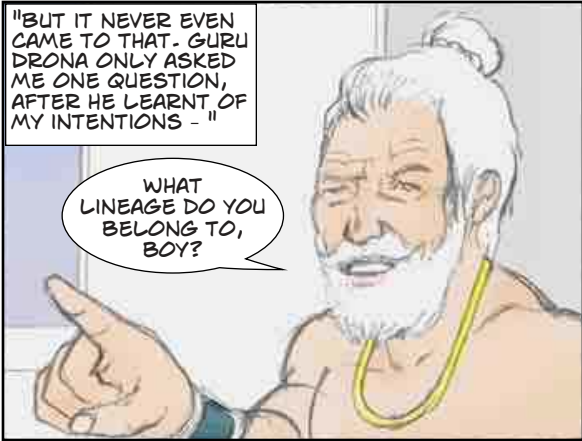
I SPENT ALL THOSE NIGHTS DREAMING ABOUT MEETING HIM. I WOULD REHEARSE WHAT I WOULD SAY TO HIM, OVER AND OVER, IN MY MIND.



I KNEW HIS TRAINING STYLE WAS TOUGH, BUT I WAS DETERMINED TO ENDURE IT - NEVER DID I THINK THAT THAT WOULD NOT BE THE TOUGHEST PART OF MY CHALLENGE.



"I WAS FINALLY GRANTED AN AUDIENCE WITH HIM. I WAS SO NERVOUS, BUT I WAS EQUALLY CONFIDENT, IN A WAY - I KNEW I HAD IT IN ME TO LEARN ARCHERY, ALL HE HAD TO DO WAS SEE ME WITH MY BOW AND ARROW, GIVE ME JUST A FEW MOMENTS OF HIS TIME..."



"BUT IT NEVER EVEN CAME TO THAT. GURU DRONA ONLY ASKED ME ONE QUESTION, AFTER HE LEARNED OF MY INTENTIONS - "

WHAT LINEAGE DO YOU BELONG TO, BOY?



"MY WORLD CAME SHATTERING DOWN. IT HAD NEVER OCCURRED TO ME THAT THE GREAT GURU WOULD STOOP SO LOW AS TO TEACH A TRIBAL BOY. IT'S EXACTLY WHAT HE SAID TO ME."



GO BACK TO YOUR TRIBE, BOY. NEVER BE SEEN AROUND HERE AGAIN.



WHAT. HAPPENED. THEN?







"I BECAME THE MASTER ARCHER TO BEAT ALL MASTER ARCHERS."



WHAT ARE YOU SAYING THEN? THAT GOOGLE CAN BE MY CLAY MODEL? WOAH, IS TECHNOLOGY MY GURU DRONA, EK?



I DON'T KNOW. CAN IT? ISN'T IT ONLY THE MEANS TO AN END - A ROUTE TO ACHIEVE YOUR DREAM, TO REALISE YOUR PASSION?



THE DRIVE, K, HAS TO BE INSIDE YOU. IT'S WHERE IT ORIGINATES FROM.



WHAT IS THIS INSIDE YOU? WHAT IS IT INSIDE ME?



IT'S CALLED MOTIVATION, K. WHAT GIVES LIFE ITS PURPOSE AND MEANING, MAKES YOU GET OUT OF BED EVERY MORNING.



YOU NEED TO UNDERSTAND IT... I WANTED TO BE THE BEST ARCHER IN THE HISTORY OF THE WORLD - THAT WAS WHAT DROVE ME - TO BE ACKNOWLEDGED IN THE OUTSIDE WORLD. THAT, AND THE YEARNING DEEP INSIDE ME TO LEARN THE SKILL, THE ART OF ARCHERY.



IF IT MEANT I HAD TO LEARN IT MYSELF, TEACH MYSELF, THEN SO BE IT.



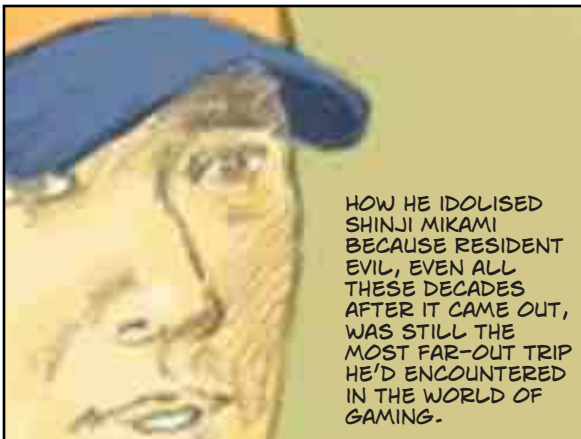


3 MONTHS AGO, IN K'S SCHOOL....



IT WAS THE FINAL STRAW IN A LONG STORY OF REJECTION AFTER FRUSTRATED REJECTION. AT FIRST, HE'D ASKED FOR AN AFTER-CLASS MEETING WITH THE ICT PROFESSOR. HE'D TOLD HIM ABOUT HIS GREAT DESIRE TO BE A GAME DESIGNER.

HOW HE'D BEEN UP NIGHTS IN A ROW, READING AND WATCHING FAMOUS GAME DESIGNERS' INTERVIEWS.



HOW HE IDOLISED SHINJI MIKAMI BECAUSE RESIDENT EVIL, EVEN ALL THESE DECADES AFTER IT CAME OUT, WAS STILL THE MOST FAR-OUT TRIP HE'D ENCOUNTERED IN THE WORLD OF GAMING.



HOW MIKAMI REVOLUTIONISED THE GENRE OF SURVIVAL HORROR GAMING WITH CONCEPTS AS ORIGINAL AS MULTIPLE ENDINGS AND AN OVER THE SHOULDER VIEWPOINT.

SHINJI MIKAMI CREATED SOMETHING TRULY INSPIRING AND CRAFTED PURE GENIUS OUT OF PUZZLES AND RIDDLES, LETHAL VIRUS STRAINS, ZOMBIE DOGS AND GIANT SPIDERS.



HIS ENTIRE GAMING PARADIGM IS A STATEMENT AGAINST CRONY CAPITALISM... THE GAME EMBODYING THE HORRORS MIKAMI GREW UP WITH IN REAL TIME, LISTENING TO STORIES ABOUT HIROSHIMA VICTIMS OF THE HOLOCAUST BEING BROUGHT TO YAMAGUCHI, WHERE MIKAMI GREW UP.



HIROSHIMA DAY IS REMEMBERED EVERY YEAR WHEN HALF A MILLION ORIGAMI CRANES LINE UP THE STREETS, IN SOLEMN MEMORY - SIGHTS MIKAMI GREW UP ON.



K HAD EXPLAINED TO HIS PROFESSOR THAT IT WASN'T JUST THE GAMING HE FOUND SO EXCITING - HE DIDN'T EVEN CONSIDER HIMSELF A "GAMER" - THOSE GUYS WERE HARD CORE, THEY WERE ADDICTED.



SURE, HE LOVED PLAYING THEM, BUT IT WAS ALWAYS CRACKING THE MIND OF THE DESIGNER, THE CREATOR, THAT KEPT HIM GOING THROUGH THE LEVELS. WHAT GOT HIM SPURRING ON, CHARGED UP WAS ALWAYS JUST THAT - IT'S WHEN HE WAS IN THE ZONE. AND HE JUST KNEW HE COULD DO IT, HE HAD IT IN HIM. BUT HE DIDN'T KNOW HOW.



WHERE DO I BEGIN?



IT HAD TAKEN HIM THE BETTER PART OF 20 MINUTES RATTLING ALL THIS OFF - HE'D PAUSED AN AWFUL LOT AND STUTTERED THROUGH A BIT EVEN THOUGH HE'D PRACTICED A FEW TIMES AT HOME. AND IT TOOK THE PROF ALL OF 45 SECONDS TO PUNCTURE IT.



HE'D BEEN DULY POINTED TOWARDS THE GENERAL DIRECTION OF THE SCHOOL LIBRARY (WHERE HE FOUND ALMOST NOTHING ON GAME DESIGNING), AFTER A BARELY AUDIBLE MURMUR ABOUT HOW IT WAS "HIGH TIME HE STEPPED OUT OF THE VIRTUAL WORLD AND THOUGHT ABOUT WHAT WOULD MAKE A LIVING IN THE REAL WORLD".

HIS DAD HAD SAID A COUPLE OF WEEKS AGO...



DON'T MAKE A FOOL OF YOURSELF.

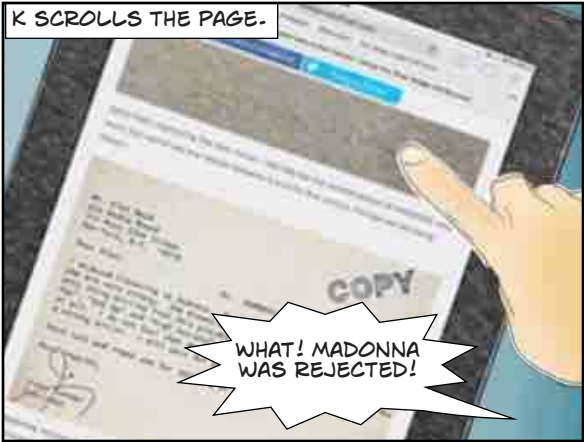
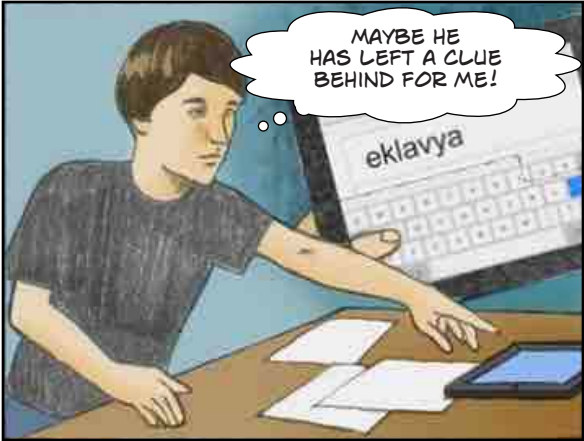


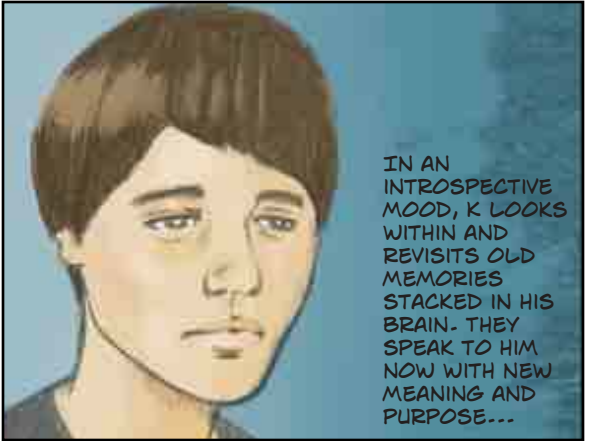
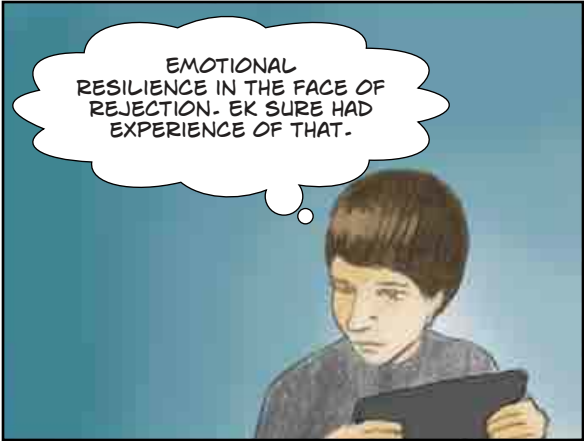
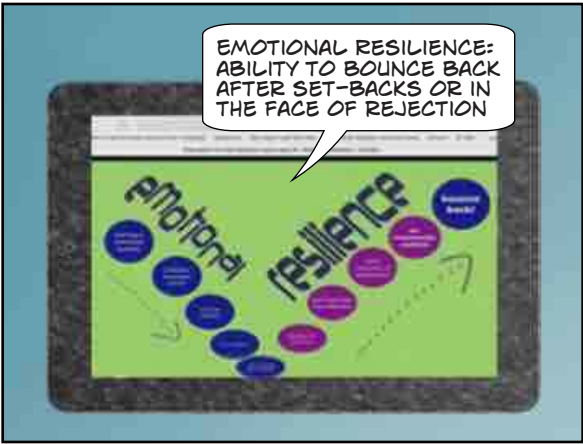
IT'S ALL BECAUSE YOU SPEND SO MUCH TIME IN CYBERSPACE...

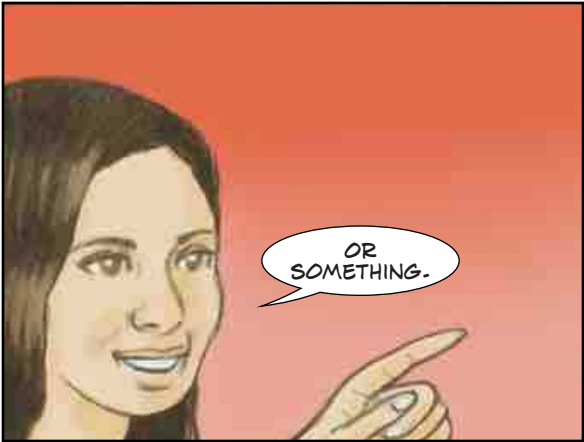
THIS WAS ONE OF THE BIGGEST CLICHÉS HE'D ENCOUNTERED IN THE GROWN-UPS' WORLD AND HE'D NEVER UNDERSTOOD IT. THE "VIRTUAL WORLD" AS THEY CALLED IT WAS AS REAL AS THE REAL WORLD, AS FAR AS HE WAS CONCERNED.

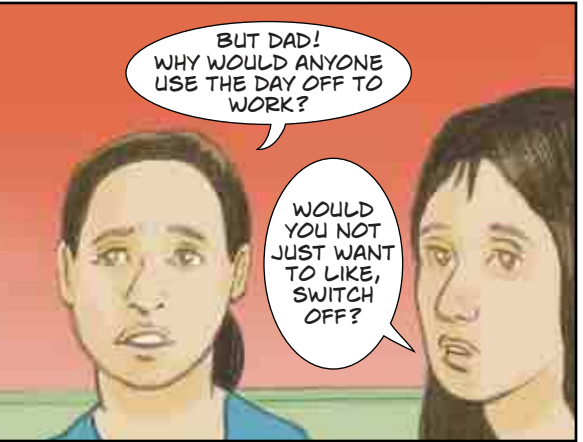
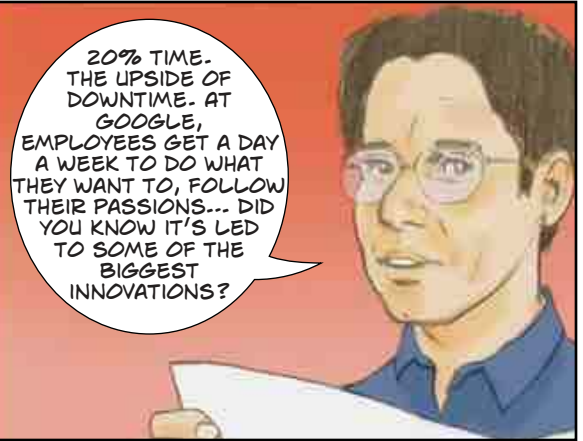
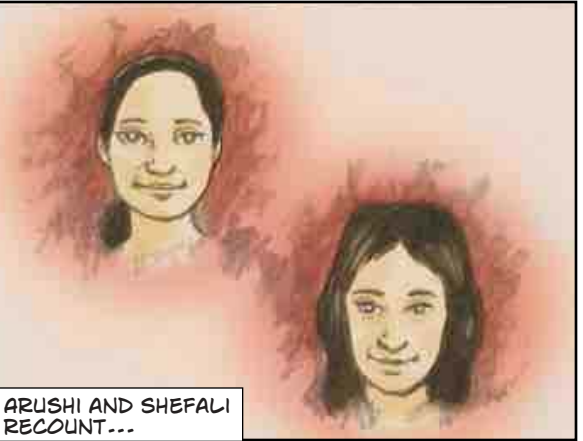
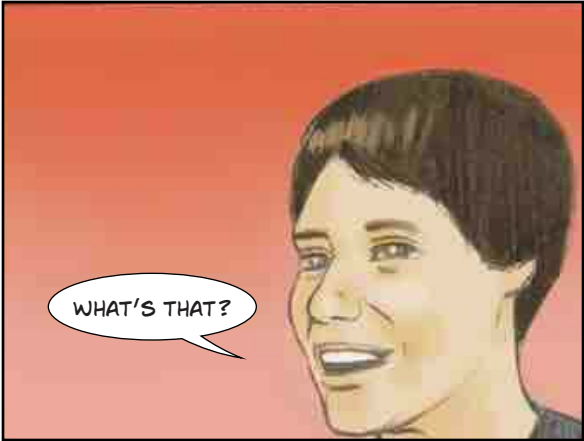
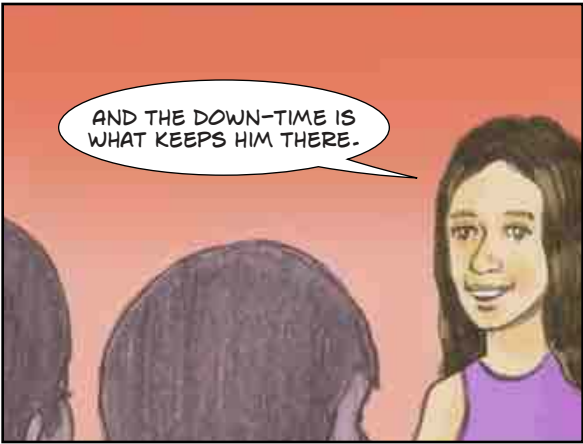


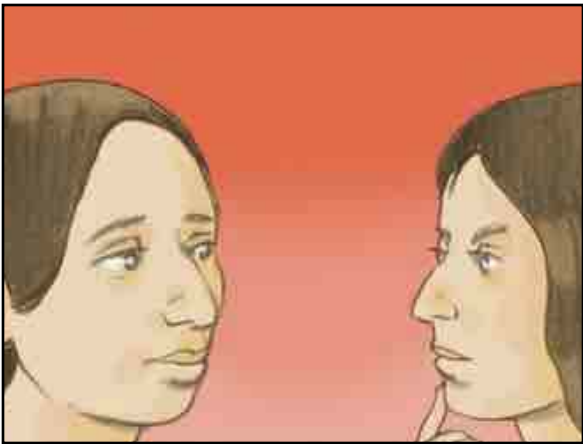
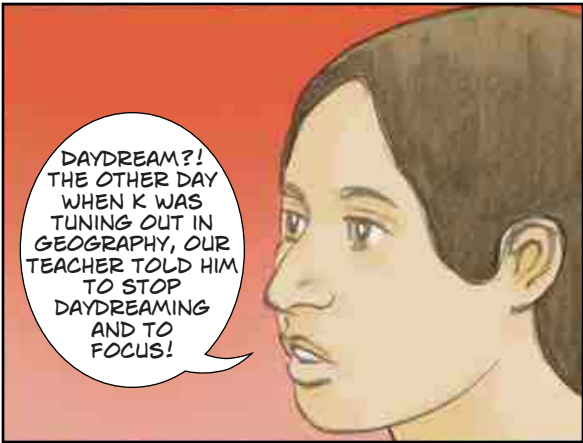
DIDN'T THEY GET IT? JUST BECAUSE YOU TERM IT CYBERSPACE, IT DOESN'T MAKE IT ALIEN TERRITORY. WHY DOES MY DREAM TO DESIGN AND BUILD GAMES SOUND ANY LESS REAL THAN... SAY, DESIGNING BUILDINGS?

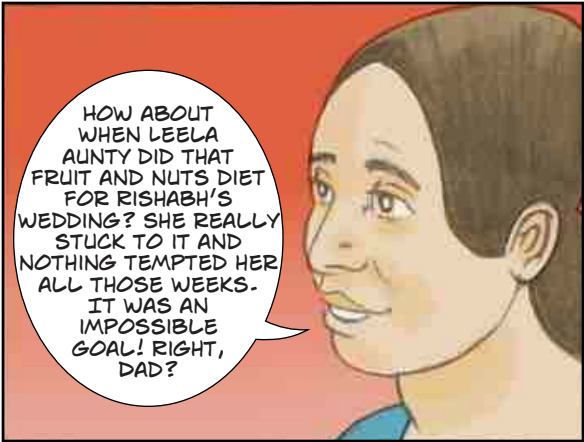
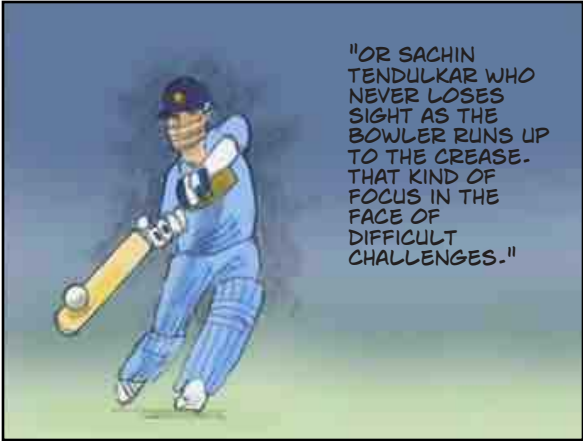
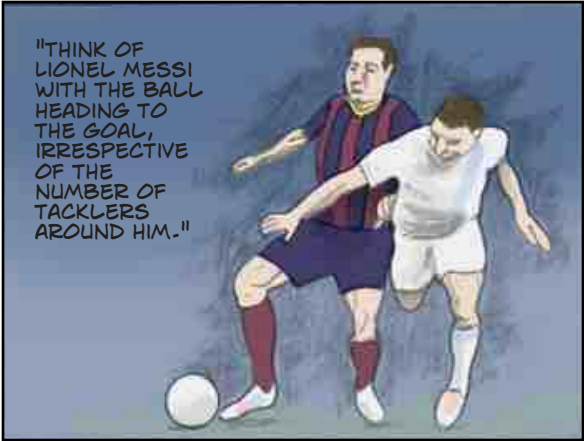
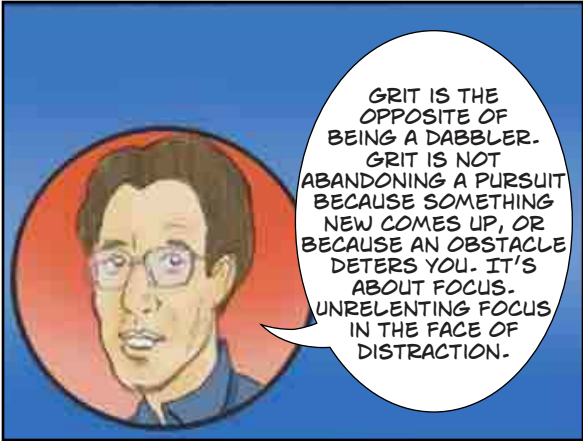
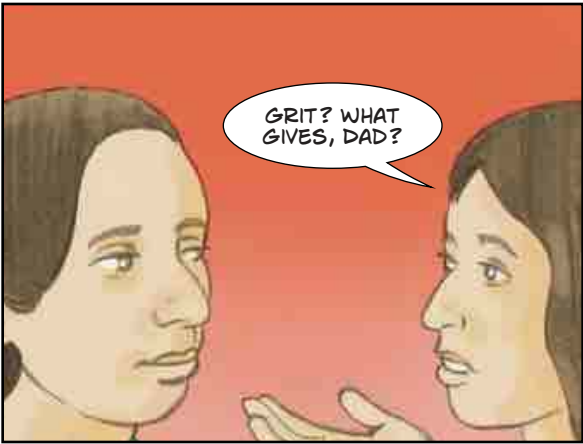


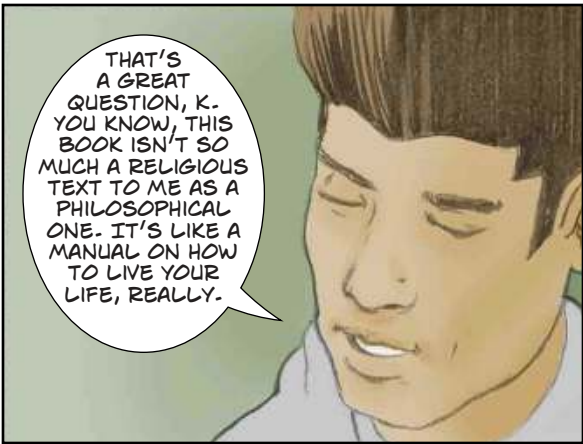
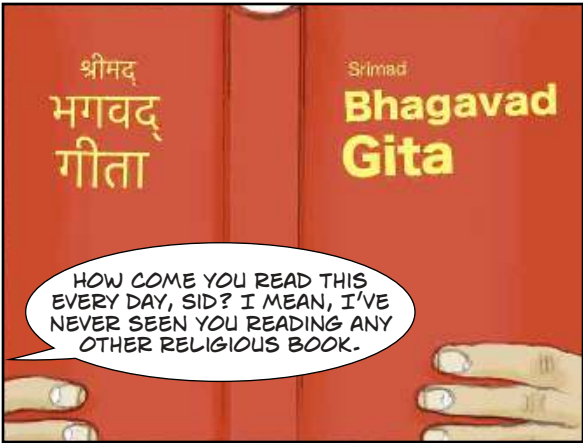
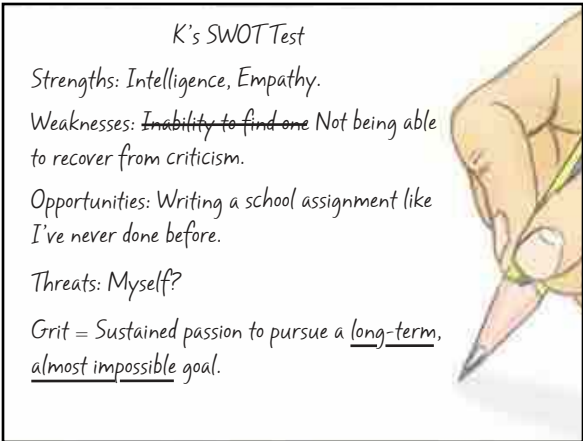
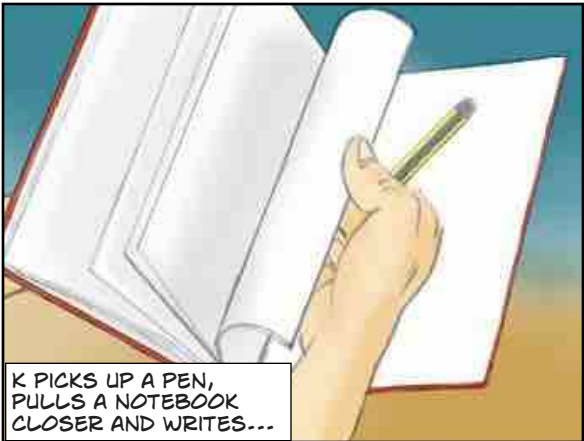


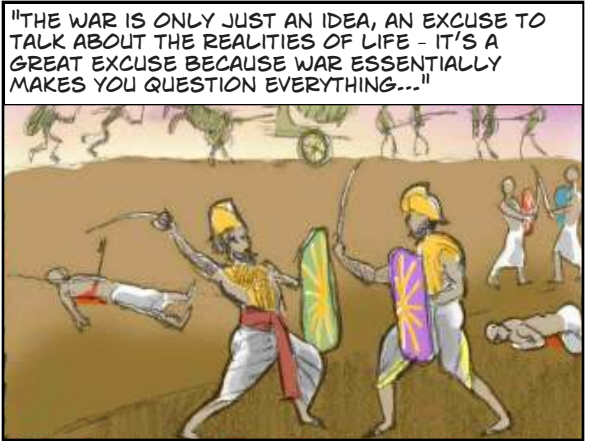


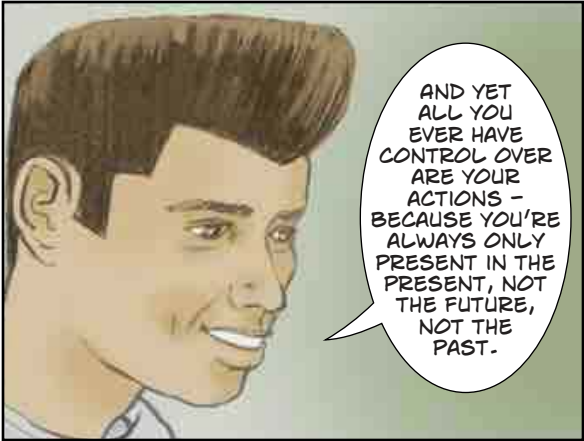
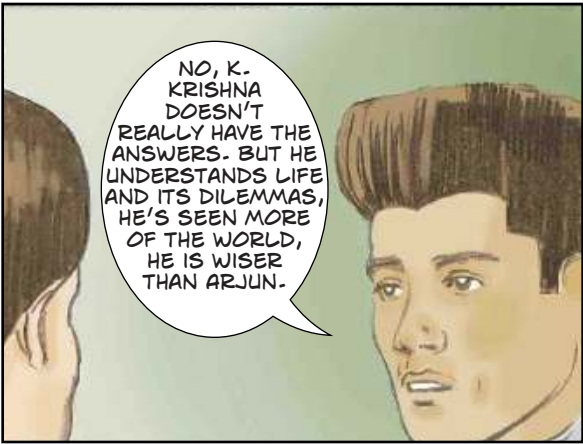


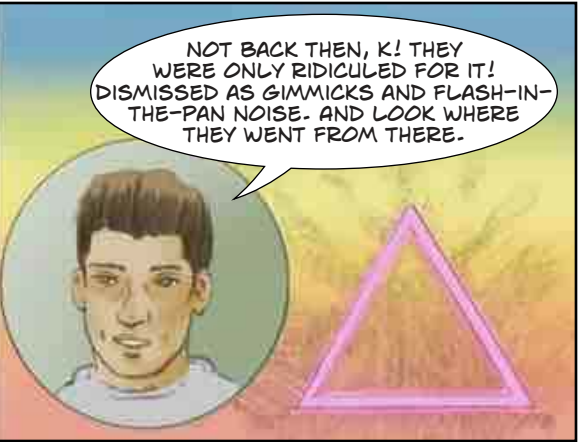
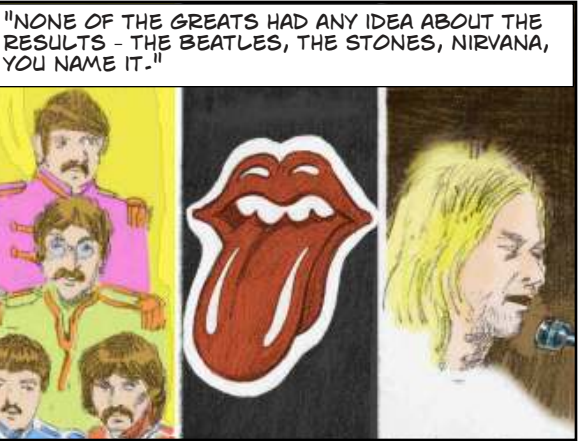




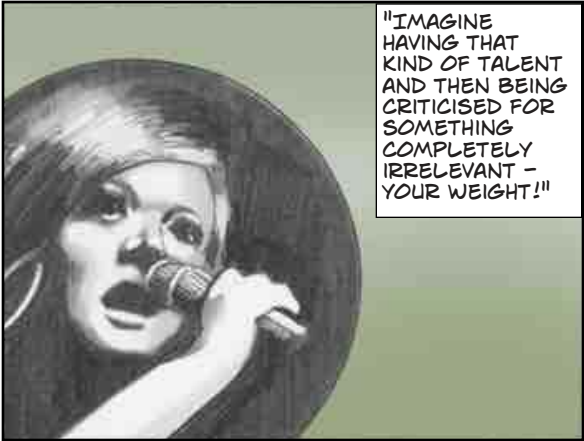
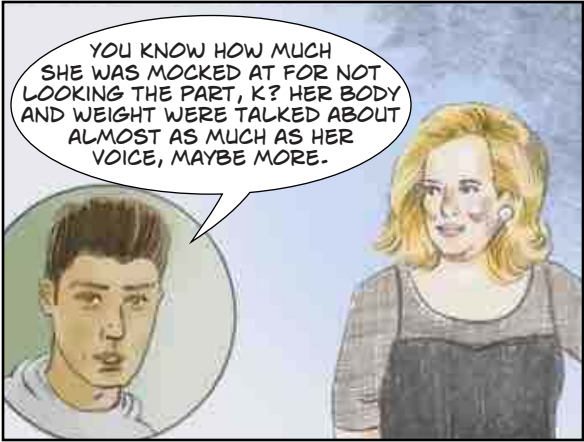


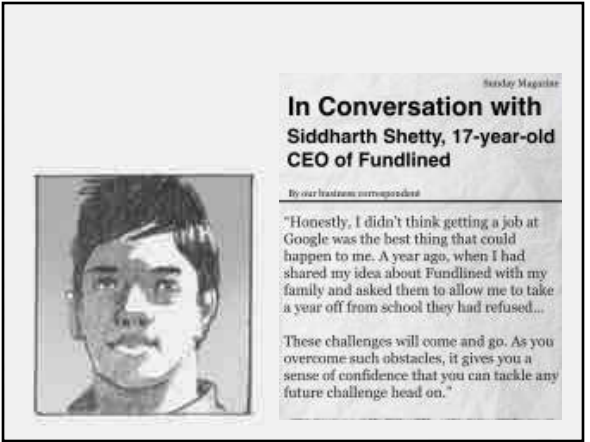
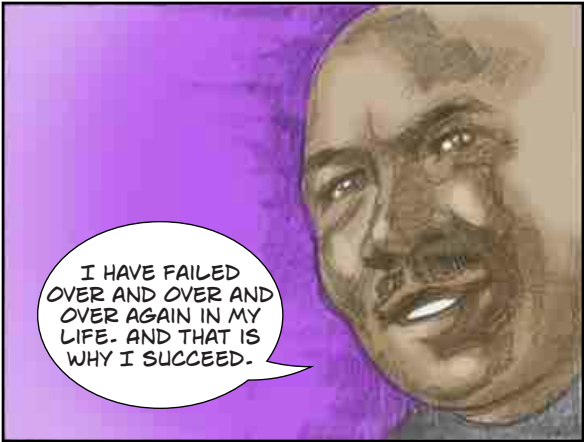
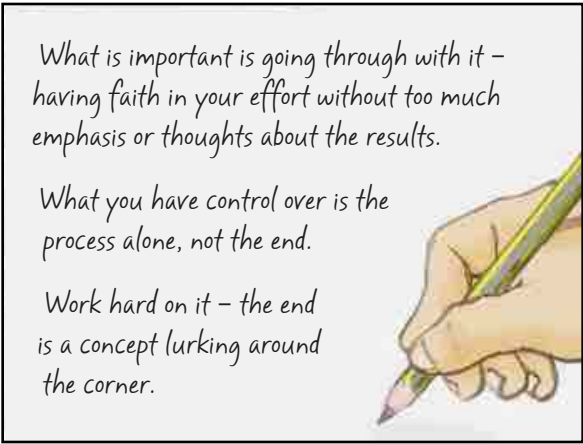
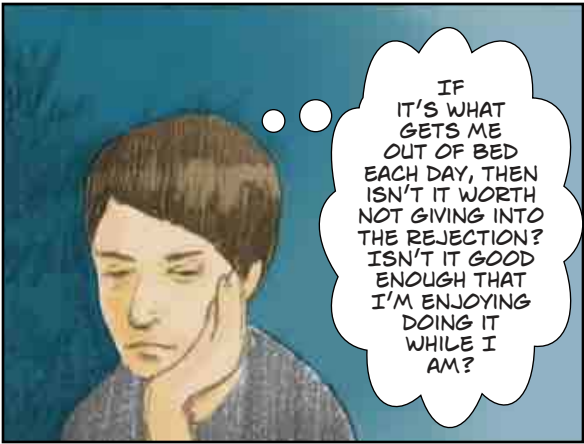


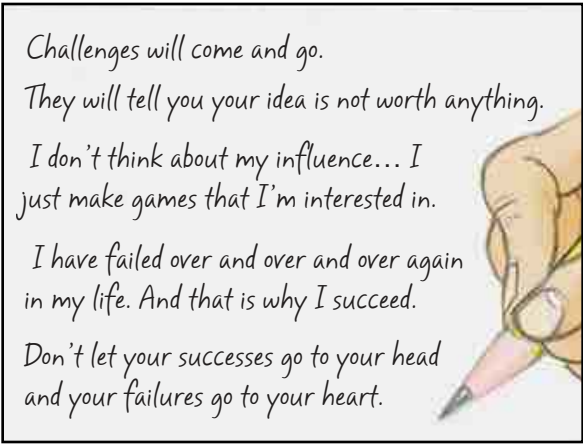
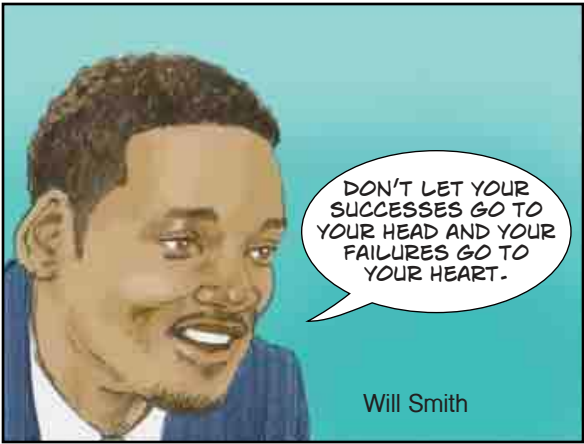


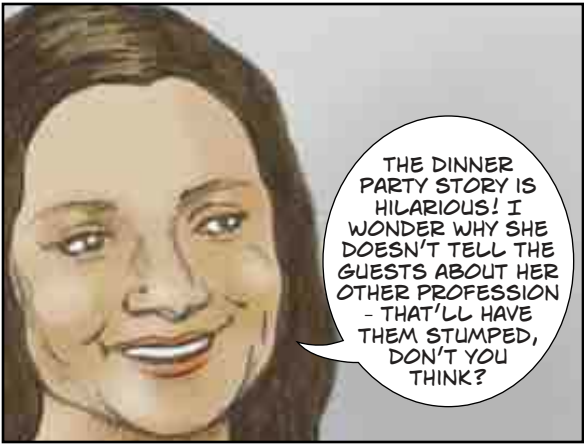


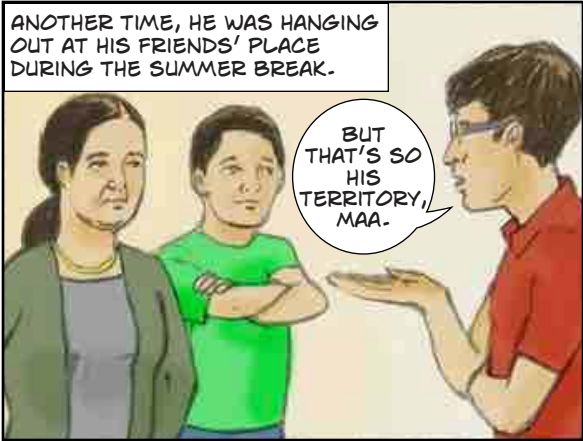
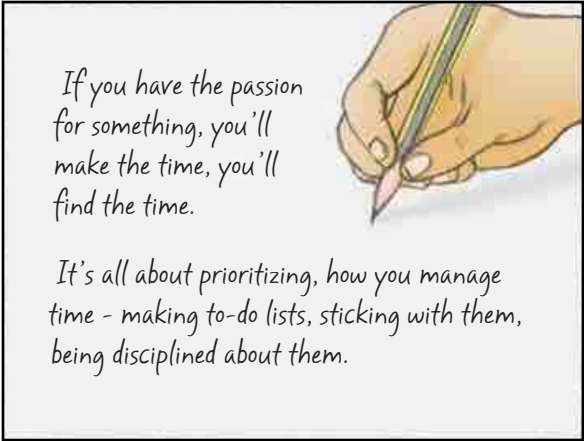
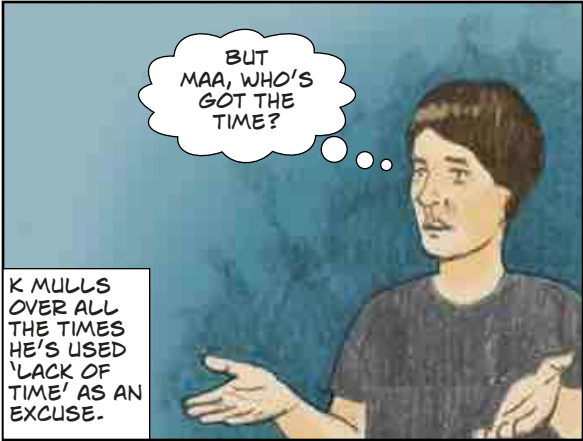


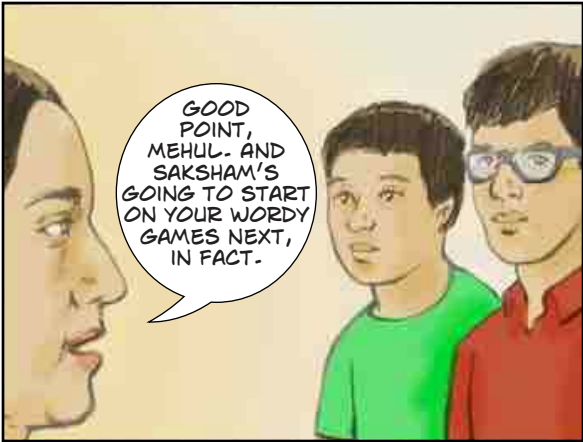
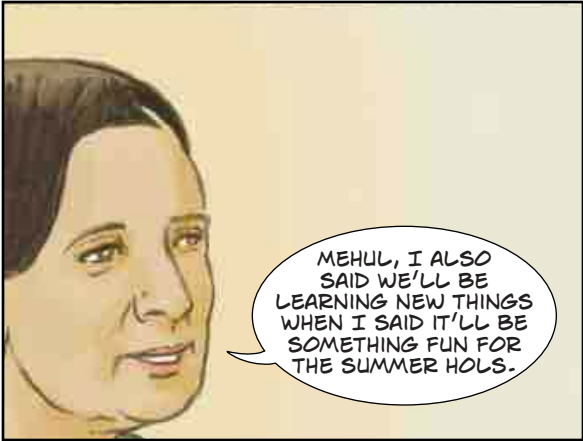


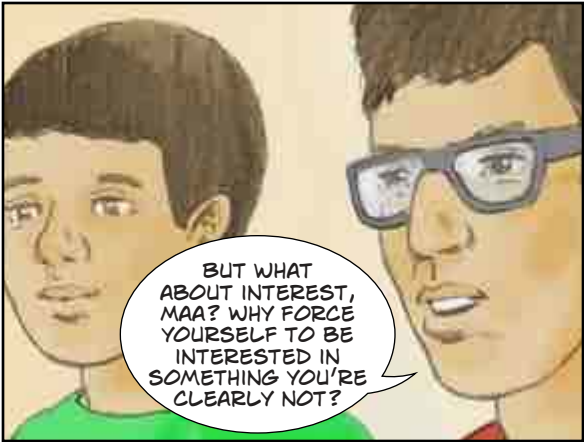
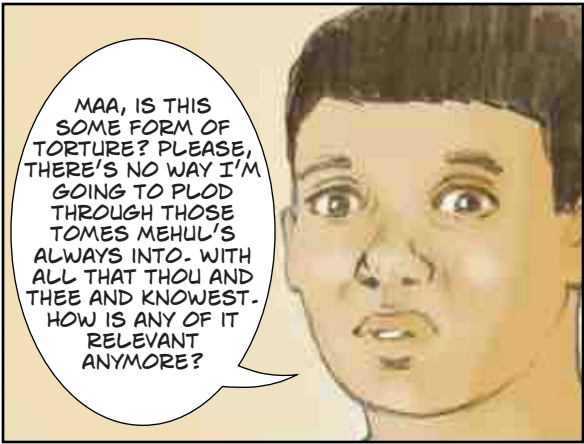


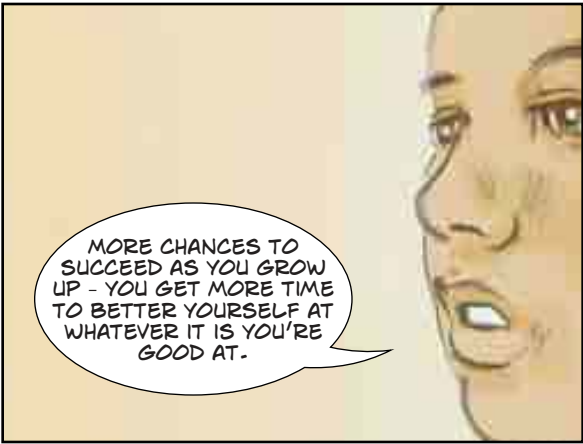




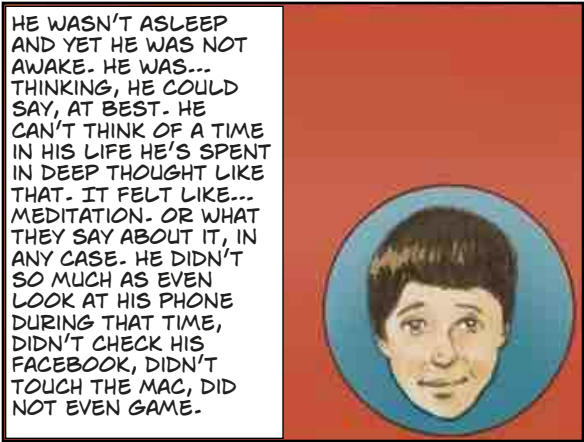
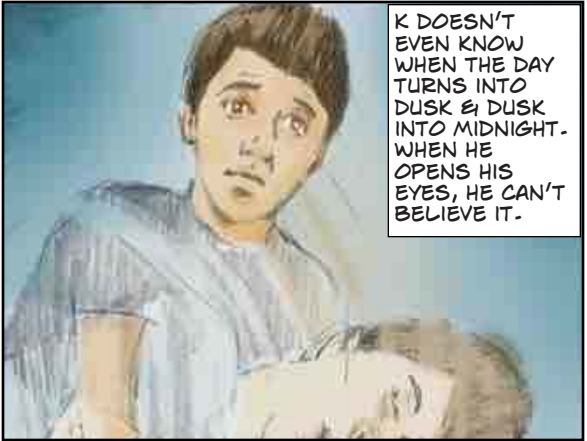
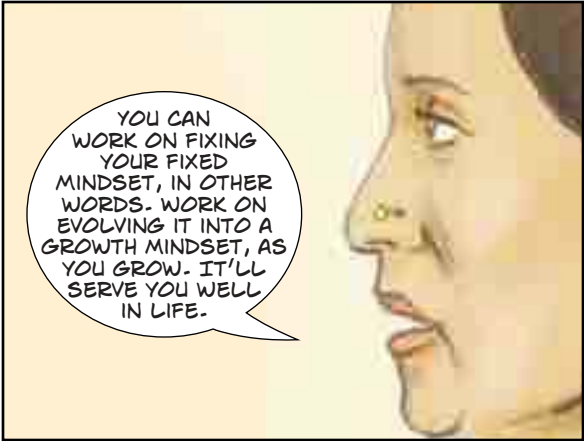


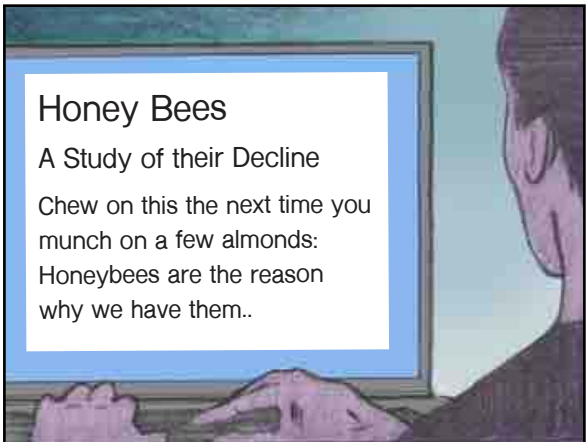
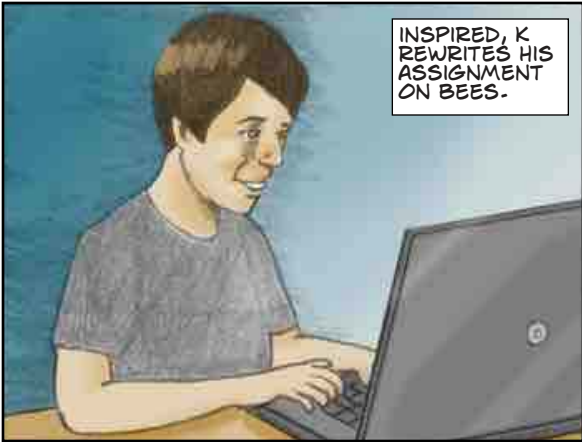
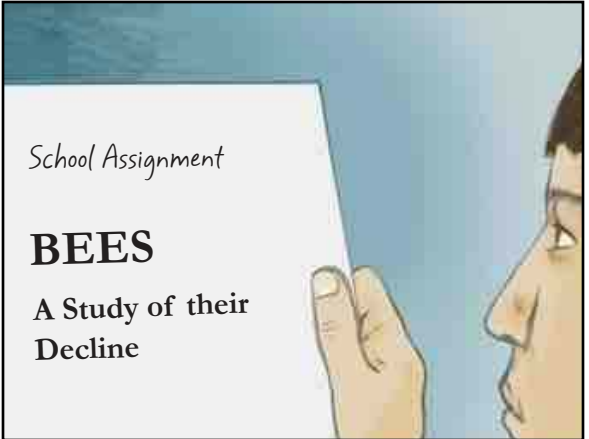












Resources

Videos on dispositions of a self-directed learner:

- Intrinsic Motivation: <http://youtu.be/QZxh5ax-HoE>
- Self-Control and Delayed Gratification: <http://youtu.be/74O5SYcLqVg>
- Grit: <http://youtu.be/nCNsiPB5sJ8>
- Attention Management: <http://youtu.be/7a2AVbW3AkA>
- Self-Efficacy: <http://youtu.be/lXyl8iDmRbU>
- Growth Mindset: <http://youtu.be/htXA-blbUU0>
- Emotional Resilience: <http://youtu.be/w8i3Gn0mEnE>
- Curiosity: <http://youtu.be/BKlf44bPMkw>

(these above videos can be accessed on our YouTube Channel

<http://youtube.com/timelesslifeskills>)

- Dan Pink - The Puzzle of Motivation: <http://youtu.be/rrkrvAUbU9Y>
- Walter Mischel - Marshmallow study and Self-Control - <http://vimeo.com/109065003>
- Angela Lee Duckworth: The Key to Success? Grit - <http://youtu.be/H14bBuluwB8>
- Carol Dweck on Mindset - http://youtu.be/QGvR_0mNpWM
- Ellen Langer on Paying Attention - <http://youtu.be/cz94BmOlroA>
- Switch, a book on Behavioural Change: <http://youtu.be/qmmwWxVzSsw>

Videos on the changing 21st century context:

- Life Skills for Success and Well-being in the 21st century - <http://youtu.be/A1k-4pqAuXA>
- Humans Need Not Apply: www.youtube.com/watch?v=7Pq-S557XQU

ESSENTIAL DISPOSITIONS OF AN INSPIRED LEARNER

K FOUND INSPIRATION IN A CHANCE ENCOUNTER WITH EKLAVYA, WHICH SET HIM ON AN INNER JOURNEY OF REFLECTION - A JOURNEY THAT THEN BROUGHT HIM CLOSER TO UNDERSTANDING LEARNING FOR ITS OWN SAKE.
YOU TOO CAN EMBARK ON THIS JOURNEY, IN FACT WE URGE YOU TO.

INTRINSIC MOTIVATION

INSTEAD OF THE LURE OF REWARDS OR FEAR OF PUNISHMENT, YOU ARE DRIVEN BY PURSUIT OF AUTONOMY, MASTERY AND PURPOSE.

GROWTH MINDSET

WHEN YOU BELIEVE THAT TRAITS CAN BE CULTIVATED THROUGH YEARS OF PASSION, TOIL AND TRAINING, AND ARE NOT SIMPLY WHAT YOU'RE BORN WITH.



EMOTIONAL RESILIENCE

THE ABILITY TO BOUNCE BACK AFTER A SETBACK, AND NOT BE DOWN AND OUT AFTER THE FIRST FALL!

GRIT

TENACIOUS, DOGGED DETERMINATION TO PURSUE LONG-TERM, ALMOST IMPOSSIBLE GOALS, DESPITE BOREDOM, DISAPPOINTMENT, FRUSTRATION AND SETBACKS.

SELF-CONTROL, ABILITY TO DELAY GRATIFICATION

YOU ARE ABLE TO FOREGO THE IMMEDIATE SMALLER BENEFIT FOR A FUTURE LARGER BENEFIT, AND REALLY BE ABLE TO MAKE THAT DISTINCTION FOR YOURSELF.

K'S MANTRAS

WHAT YOU HAVE CONTROL OVER IS THE PROCESS ALONE, NOT THE END. PUT IN THE WORK - THE END IS A CONCEPT LURKING AROUND THE CORNER.

MAKE TIME FOR WHAT YOU WANT TO DO.

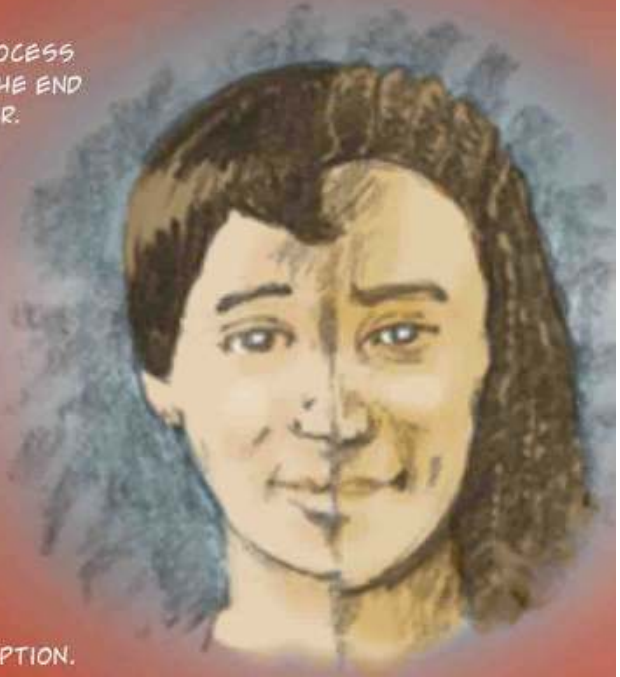
WHAT MAKES YOU GET OUT BED EACH DAY? IF YOU CAN ANSWER THAT QUESTION TRUTHFULLY, THEN PURSUING WHAT IT IS, IS ALL THAT MATTERS.

TURN WHAT DRIVES YOU INTO WHAT DRIVES YOUR LEARNING.

WHEN YOU FIND YOUR PASSION, NURTURE IT. STICK WITH IT, WORK ON IT, MAKE TIME FOR IT, AND YOU WILL SEE IT BLOOM.

LEARNING = GROWING = FLOURISHING.

YOUR DREAM IS REAL. NOW PLAN THE INCEPTION.



We are Grateful

THIS COMIC EBOOK WAS MADE POSSIBLE BECAUSE OF THE GENEROUS CONTRIBUTION MADE BY THESE FOLKS AT OUR CROWD FUNDING CAMPAIGN. WE ARE INDEBTED TO THEM.

AHAANA	LIZ FASCINA	SABITA GUPTA
AL BEARD	MANAN	SACHIN GUPTA
ANDREW & SARAH	MAPLE CAPITAL ADVISORS	SACHIN UTTAM
DIMPLE AGARWAL	MARK LEWIN	SANJAY MALAVIYA
DIVYA GURURAJ	MILAN CHAUHAN	SANVALI KAUSHIK
EDWARDIAN GROUP LONDON	NEETI AWASTHI	SARITA KOTECHEA
ELLA VALA	NIHAR DAS	SHANKAR SHARMA
GAURAV SETHI	NILIMA SHAH	SHAYASTA ASHIQ
GAUTAM SINGH DEO	NISHMA GOSRANI	SUNDER NARAYANA
HARISH KOTECHEA	PARESH SHAH	SUNNY NARANG
JAGDISH & KUSUM PANT	RAJEEV JOSHI	SUSHIL RADIA
JAGRAVI UPADHYAY	RICHARD KELSEY	SWATI & SUYASH
	RAVI SHAH	VANDITA PANT
	RAYHAAN HASSIM	VIKRAM SAHAI



About Timeless Lifeskills

WE ARE A LONDON-BASED SOCIAL-ENTERPRISE ADDRESSING THREE KEY ISSUES - RELEVANT CURRICULUM (LIFE SKILLS NEEDED FOR FLOURISHING IN THE 21ST CENTURY), ENTICING LEARNING EXPERIENCE (THAT APPEALS TO TODAY'S DISTRACTED LEARNERS) AND AFFORDABILITY (TO MAKE EDUCATION INCLUSIVE AS IT IS OTHERWISE BECOMING EXPENSIVE AND HENCE EXCLUSIVE).

TOWARDS THIS WE ARE BUILDING AN ONLINE LEARNING ACADEMY THAT OFFERS INNOVATIVE LEARNING SOLUTIONS TO IMPART SKILLS ESSENTIAL FOR SUCCESS AND WELL-BEING. WE PLAN TO BRING OUT MORE COMIC BOOKS, INTERACTIVE STORIES, APPS, GAMES, COURSES AND CONDUCT MORE WORKSHOPS.

1,000 COPIES OF THE ADVENTURES OF K, IN ITS HINDI VERSION, IS GOING OUT TO 200 SCHOOLS FOR THE UNDERPRIVILEGED ACROSS INDIA FOR FREE. WE HAVE MADE THIS COMIC AVAILABLE ON PWYW (PAY WHAT YOU WANT) BASIS. WE SUCCESSFULLY PILOTED A 6-WEEK ONLINE COURSE ON SELF-DIRECTED LEARNING SKILLS IN OCTOBER 2014 WITH 100 STUDENTS. WE PLAN TO OFFER THIS COURSE ON A REGULAR BASIS AND ADD MORE ONLINE COURSES.

LET'S DO MORE EPIC STUFF TOGETHER! PLEASE GET IN TOUCH IF YOU NEED ANY INFORMATION OR WOULD LIKE TO EXPLORE SYNERGIES:

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FOLLOW US ON FACEBOOK: WWW.FACEBOOK.COM/LIFESKILLS